

Featured Programs

LIHEAP

Let's Get
Healthy

Grants &
Contracts

Tribal
Historic
Preservation

Kawenni:ios



STOP - Our Future is on Board!



Wastewater Notice

Bathroom Wipes Blamed for Clogs & Backups

Submitted By Shawn Martin, Manager - Water/Wastewater Plants

Increasingly popular bathroom wipes, pre-moistened towelettes that are often advertised as flushable, are being blamed for creating clogs and backups in sewer systems around the nation. Wastewater authorities say wipes may go down the toilet, but even many labeled flushable aren't breaking down as they course through the sewer system. That's costing some municipalities millions of dollars to dispatch crews to unclog pipes and pumps and to replace and upgrade machinery.

The National Association of Clean Water Agencies, which represents 300 wastewater agencies, says it has been hearing complaints about wipes from sewer systems big and small for about the last four years.

That roughly coincides with the ramped-up marketing of the "flushable cleansing cloths" as a cleaner, fresher option than dry toilet paper alone. One popular brand, Cottonelle, has a campaign called "Let's talk about your bum" and ads showing people trying to wash their hair with no water. It ends with the tagline: "You can't clean your hair without water, so why clean your bum that way?"

Manufacturers insist wipes labeled flushable aren't the problem, pointing instead to baby and other cleaning wipes marked as nonflushable that are often being used by adults. "My team regularly goes sewer diving" to analyze what's causing problems, said Trina McCormick, a Senior Manager at Kimberly-Clark

Corp., maker of Cottonelle. "We've seen the majority, 90 percent in fact, are items that are not supposed to be flushed, like paper towels, feminine products or baby wipes." Wastewater officials agree that wipes, many of which are made from plastic, aren't the only culprits but say their problems have escalated with the wipes market.

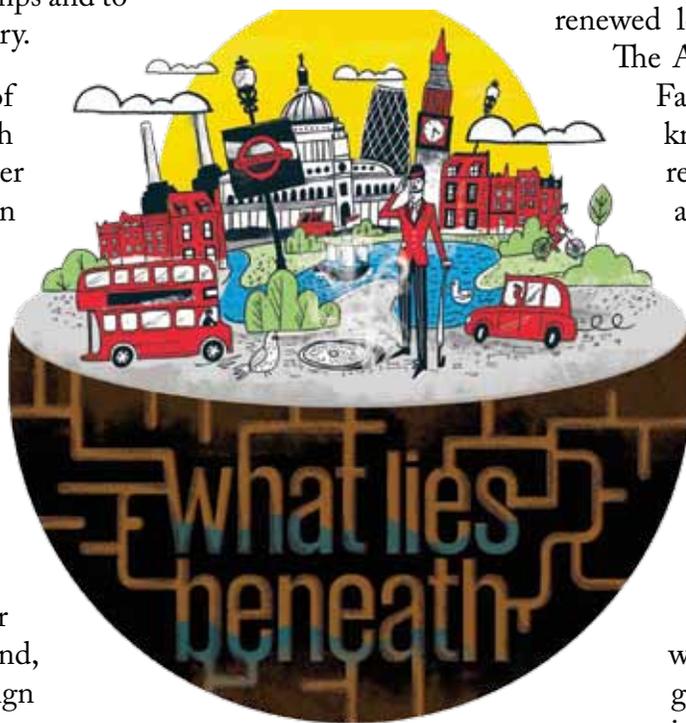
The complaints have prompted a renewed look at solving the problem.

The Association of the Nonwoven Fabrics Industry, the trade group known as INDA, recently revised voluntary guidelines and specified seven tests for manufacturers to use to determine which wipes to call flushable. It also recommends a universal do-not-flush logo — a crossed-out stick figure and toilet — be prominently displayed on non-dispersible products.

The wastewater industry would prefer mandatory guidelines and a say in what's included but supports the INDA initiatives as a start. Three major wastewater associations issued a joint statement with INDA last week to signal a desire to reach

a consensus on flushability standards.

Nicholas Arhontes, Director of Facilities Support Services in Orange County, Calif., has an even simpler rule for what should go down the toilet. "Only flush pee, poop and toilet paper," he said, "because those are the only things that sanitary sewers were really designed for in the old days." ♦



London sewer officials reported removing a 15-ton "bus-sized lump" of wrongly flushed grease and wet wipes, dubbed the "fatberg."

Good Words of Welcome



Greetings Akwesashró:non,

It's hard to believe that we're nearing the end of 2013, although the cool weather and extra layer of clothing is a good indicator.

I have been reflecting on the events in and around Akwesasne from the past several months, the highlight for me was the Akwesasne Powwow that was held Labor Day weekend.

If you were fortunate enough to attend I'm sure you would agree that we were in for a treat! The showcase of dancers from near and afar in the different categories and age groups were amazing. But above all, the artistic talent displayed through the colorful creation, design and detail of the outfits was truly breathtaking! I have a new respect for the designers of traditional wear as I created my very first jingle dress for my great niece Ocean. Without the help of my good friend Rosebud Cook it wouldn't have been possible. She discouraged me from buying a jingle dress and told me that I was

going to make it, that its more meaningful when its handmade and the self-satisfaction you feel at the sight of your finished product is gratifying. Mind you, Ocean is a tiny size three, and the week leading up to the powwow Rosebud made three dresses to my one. She makes it look easy, but it is definitely a lot of work

Needless to say, Ocean loved her jingle dress and had a blast dancing as long as I held her hand and danced with her. *Niá:wen* Rosie for all your help!

Sincerely,

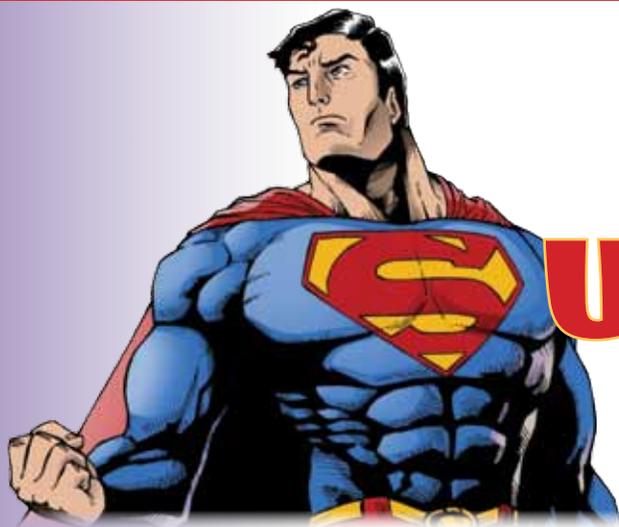
Corleen Jacco, Tribal Clerk

On the Cover: *Students from Salmon River and Massena High Schools climb aboard for a field trip to Azure Mountain for hiking and to take pictures for a photo contest. The winner received a camera and Adobe Photoshop. The trip was sponsored by the Johnson O'Malley Program.*

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SUPERSTORMS

*By Angela Benedict,
Air Quality Program Manager*

Faster than your average wind, stronger than normal rainfall, able to destroy buildings and homes, big and small, look...up in the sky! It's a tornado, it's a hurricane... it's a superstorm! So how is a storm super, you ask? The definition of a superstorm is a very severe and widespread storm characterized by record-setting meteorological events and large-scale destruction. So, have we had a lot of these superstorms? No, not really. When researching I found there to be seven superstorms since 1962 in the United States:

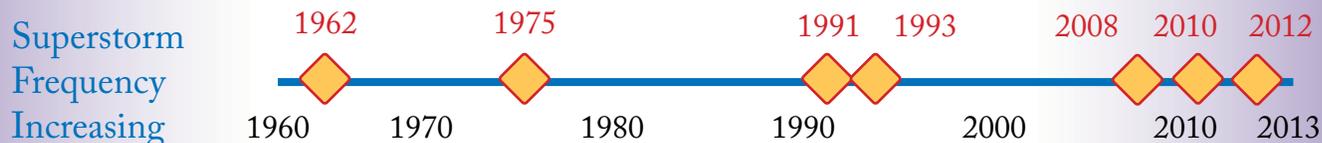
1. **Columbus Day Storm of 1962** was a Pacific Northwest windstorm, that struck the Pacific Northwest coast of the United States.
2. The **Great Storm of 1975** impacted a large portion of the Central and Southeast United States.
3. The **1991 Perfect Storm** absorbed Hurricane Grace and ultimately evolved back into a small unnamed hurricane late in its life cycle.
4. **1993 Storm of the Century** was a large cyclonic storm unique for its intensity, massive size and wide-reaching effect.
5. **January 2008 North American Storm Complex** was a powerful Pacific Ocean coastal storm that affected a large area in Western North America stretching from western British Columbia to near the Tijuana, Mexico area.

6. The **October 2010 North American Storm Complex** is the name given to a record extratropical cyclone event occurring across North America.
7. **Superstorm Sandy** was the deadliest and most destructive hurricane of the 2012 Atlantic hurricane season, as well as the second-costliest hurricane in United States history.

So why the talk about superstorms? Superstorms can cause a lot of damage and be dangerous. Superstorms can hit anytime so we need to be prepared. Well as it turns out the weather is changing around here. I've noticed that when we have rainstorms they are pretty intense. Not that they are superstorms but they can be supercell thunderstorms. One of the predictions from climate change is heavier rain events. The storm comes in, drops a load of rain then goes away. These rain events are deficient at restoring the groundwater because the rain falls too fast and is not able to absorb into the ground. It also contributes to runoff to the streams which can cause flooding in some areas. Did you know a car can be swept away in only two feet of water? I didn't.

Other damages are power outages, especially in extreme heat or cold, downed trees and wind damage. Keeping your pets safe is another issue to deal with.

Make a plan. Share it with your family and friends so that not just for today, but for the next seven generations, we can keep our family and community safe.



LIHEAP

Fuel Assistance Program Feature

By Sharon Thompson, Director

The mission of the Low Income Home Energy Assistance Program (LIHEAP) is to assist low income households, particularly those with the lowest incomes that pay a high proportion of household income for home energy, primarily in meeting their immediate home energy needs.

All fifty States, the District of Columbia, five territories, and about 153 Tribes and Tribal organizations receive LIHEAP grants each year.

The 2013 - 2014 LIHEAP program opens on Kentenhkó:wa/November 18, 2013. It has two levels of benefits, regular and emergency.

The following documents are required for the regular benefit:

- **Residence** – Current rent receipt with name and address or a utility bill
- **Identity of Household members** - Driver's license, social security cards, updated tribal cards
- **Income** – Pay stubs, business records (self-employed), unemployment insurance benefits
- **Social Security Number** – Social Security cards
- **Vendor Relationship** – a current utility/fuel bill
- **Age-under 6 years / 60 or older** – Birth certificate, Driver's License
- **Disabled** – Award letter, copy of benefit check, written statement of eligibility for benefits

The regular benefit application must be signed by the individual who either has the heating bill in their name or has primary responsibility to pay the bill to the vendor.

For Regular Benefits

- Oil, kerosene, propane - Base Benefits = \$600.00
- Wood, pellets, coal, corn - Base Benefits = \$500.00
- Utilities - All electric - Base Benefits = \$400.00

Maximum Monthly Income Levels

Household Size	Tier I	Tier II
1	0-1,245	1,246-2,175
2	0-1,680	1,681-2,844
3	0-2,116	2,117-3,513
4	0-2,551	2,552-4,182
5	0-2,987	2,988-4,852
6	0-3,422	3,423-5,521
7	0-3,858	3,859-5,646
8	0-4,293	4,294-5,772
9	0-4,729	4,730-5,897

Emergency benefits - Opens January 2, 2014

Applicants must be already in the regular benefits system to receive emergency benefits.

- Oil, kerosene, propane: A one-time benefit of \$600.00 is authorized
- Wood, pellets, coal: A one-time benefit of \$500.00 is authorized
- All electric: A one-time benefit of \$560.00 is authorized
- Heat related domestic: A one-time benefit of \$160.00 is authorized

Program dates for regular and emergency program components maybe shortened or extended based on federal funding.

Contact Sharon Thompson 518-358-2272 ext. 212 or Lucy Barnes ext. 418 to see if you are eligible, if you have any questions or to sign up. ♦

Geographic Information System

Tribal Clerk's Office Program Feature

By Paul Doxtator, GIS Technician

This coming winter of 2013-2014 brings a new and exciting application for lost valuable possessions. How many times have you lost or misplaced an item or had something stolen? A new product has been developed that will soon be ready for release which partially employs the use of Global Positioning System technology. This is same technology that the SRMT G.I.S. program uses to verify survey pins, fences or other physical objects in the field.

This new tracker, named the Tile App, actually uses Bluetooth technology and the 3G/4G network technology under the general heading "location-based service". For those of you

familiar with smartphones, the Tile App is an app (application software or in other words a computer program for mobile devices) which will facilitate the act of locating a lost or stolen object in real time. The Tile itself is about a one inch square by a 1/8th of an inch thick piece of plastic that can be stuck on an object or affixed by the hole punched in the corner of it. It is currently compatible with iOS phones such as iPhone 4S, iPhone 5, iPad Mini, iPad 3rd and 4th gen and iPod touch 5th gen. Unfortunately they do not work with Android, Windows Phones or Blackberry for the time being.

To begin the app, you must set up an account and

purchase the actual tiles which will be operational for one year before you need to renew the annual cost. As already mentioned you can stick or otherwise attach the tile to keys, wallets, laptops, bikes, cars or any other valuable that could be lost or stolen. When you want to find the object you would access the app to view the map. The range of the tile is 50 to 150 feet depending on the environment. Once you are within range you can see that you are getting closer or further away from the object and a built-in

speaker allows users to hear the location as they get closer.

The Tile App also saves the last GPS location that it indicated your tile. Although the range of 50 to 150 feet does not reassure people whose

objects are much further away than that, there is the added feature that any other Tile App user's phone will pick up the signal of your object, if they are within range of it, and send you the signal as to where it is. For example if you lost your wallet at the mall and another Tile user is within range, their Tile App will let your Tile App know and display the object on a map; however that person will not have access to that information and their own phone will not show or share where your object is. As an extra fail-safe you also can set up shared users for people you trust, such as family members and friends that can also see where your object is. This is GPS/GIS innovation at its finest. ◇



Tiny Tracker Can Use Other People's Phone to Locate Your Object

Let's Get Healthy Program

Health Services Program Feature

By Heather Garrow, Program Coordinator

November is American Diabetes Month

Through individual, family and community services, the Let's Get Healthy Program (*Tsitewatakari:tat*) is committed to providing excellence in diabetes care and prevention.

Currently, our program is located at the Akwesasne Housing Authority's Training Center, 378 State Route 37. Our program hours of operation are Monday to Friday, 8:00 a.m. to 4:00 p.m. To utilize our program, you must be eligible to receive services through the Saint Regis Mohawk Tribe.

We provide individual and group educational services to prevent diabetes or to reduce complications in persons with diabetes.

Diabetes prevention and care services are developed through individual assessments, education and case management by our Nurse Case Managers. Our Registered Dietitian offers Medical Nutrition Therapy. We work closely with providers to ensure all patients receive the best care possible.

The Let's Get Healthy Program offers family based education programs in fitness, diabetes health and prevention. We participate in community campaigns and special events promoting healthy lifestyles, including screening events and health fairs. Our program distributes

a monthly newsletter and fitness calendar. These can be picked up at our office or viewed on the Saint Regis Mohawk Tribe's website. We also offer fitness classes for program participants and community members.

To enroll in our program, you can be referred by your provider or call to make an appointment with one of our nurses. If fitness becomes part of your treatment plan, the nurse will refer you to our Health Promotion staff for a fitness assessment.

The Let's Get Healthy Program will soon be moving into the *new* Diabetes Center for Excellence located at 66 Business Park Road, near the Tewathahita Walking Trail. The new home will allow our program to provide expanded and specialized services focusing on prevention and diabetes management. The building features a 2,500 square foot fitness room, a pool designed for water aerobics, an educational classroom and a theater kitchen for nutrition education.

We are excited for this opportunity and look forward to seeing you at the Diabetes Center for Excellence grand opening celebration on November 20, 2013 beginning at 2:00 p.m.

If you have any questions or would like more information, please contact our office: 518-358-9667. ♦



Blood Sugar Testing at Wellness Day



Tribal Council Members Participate in a Resistance Band Workout

Let's Get Healthy Staff:

- Heather Garrow, Program Coordinator
- Cherie Bisnett, RN, Diabetes Nurse Case Manager
- Susan Gale, RN, Diabetes Nurse Case Manager
- Heather Pontius, Registered Dietitian
- Mary Terrance, Health Promotion Specialist
- Calandra Curleyhead, Health Promotion Specialist
- Kelly Jackson, Administrative Assistant
- Mera Faubert, Data Clerk

Tribal Solid Waste Program

2nd Annual Akwesasne Recycling Day

By Larry Thompson, Recycling Coordinator

The Solid Waste Program is proud to announce the 2nd Annual Akwesasne Recycling Day Saturday, November 16, 2013 from 10:00 a.m. to 2:00 p.m. This year's event will be a great opportunity for community members to visit the transfer station and learn what we do to practice better disposal methods. Participants will see how the transfer station can help them dispose of their waste properly and how recycling methods can save them money. Also during the event we will

be providing free disposal on all Freon™ containing appliances like freezers, fridges, water coolers, air conditioners and dehumidifiers.

As always, acceptable electronics, household recyclables, batteries and scrap metal (washers and dryers) are free to dispose of. Please stop by the transfer station for an opportunity to learn about the benefits of recycling and the resources available to our community.

*Saturday, November 16, 2013
10:00 a.m. to 2:00 p.m.*

*SRMT Transfer Station
179 County Route 43
Ft. Covington, NY*



*Transfer Station
518-358-4632*

*Recycling Coordinator
518-358-4529*

Benefits of Attending Akwesasne Recycling Day:

Facility tours

Recycling and composting demonstrations

Door prizes

Raise awareness about benefits of recycling and resources available to our community about what and where to recycle

Encourage others to recycle more frequently

Free disposal of fridges, freezers, air conditioners, dehumidifiers and water coolers ◇

School Bus Safety

Flashing Red - Kids Ahead

By Alyson Cole, Production Assistant

Did you know that an estimated 50,000 motor vehicles illegally pass New York State school busses every day? That seems like an awfully high number when it comes to a child's safety. In Akwesasne the report of incidents has recently increased. Tribal Police have received reports of drivers violating simple school bus rules and putting children at risk. Now that school is back in session and the kiddies are riding the buses each day, it is important to know the rules of the road concerning school bussing. Educating the motoring public of the dangers associated with vehicles passing stopped school busses has become a key component in the goal of protecting our school children.

Now most people know (or should know) that it is illegal to pass a stopped bus when the red lights are flashing, this is the indication that children are getting on or off the bus. When the bus driver initiates the yellow lights he or she is telling fellow drivers that they are preparing to stop and to slow down. Motorists must stop whether they are behind or in front of the bus and should do so at least 20 feet away. The vehicle should also stay stopped until the red lights stop flashing and the bus is back in motion or the driver waves you by. Motorists must even stop for school busses on the opposite side

of a divided highway, on multiple lane roadways and in parking lots.

After stopping for a school bus, watch for children along the side of the road. Drive slowly until you have passed them. Most school bus-related deaths and injuries occur while children are crossing the street after leaving the bus, not in collisions involving school buses.

Did you Know?

You must stop for a school bus even if it is on the opposite side of a divided highway.

Most school bus-related deaths and injuries occur while children are crossing the street after leaving the bus, not in collisions involving school buses.

Vehicles transporting disabled persons may be equipped as school buses, and you must stop for them just as you would for other school buses.

Besides the police catching you in the act, violations for passing a stopped bus can be reported in different ways. Bus drivers are connected to central dispatch and they can directly call authorities to report your crime. Fellow drivers can also take down your plate number and report infractions, the cops do not need to see it to ticket you. As for the

repercussions, first time offenders face a \$250 to \$1,000 fine, five points on their license, and/or possibly 30 days in jail. Worst case scenario, you could potentially injure or kill a child and you will have to live with that memory for the rest of your life.

So please keep in mind these few facts while on the roads, they could be the difference between life and death. For the safety and wellness of our community and our future leaders, please drive safe. ♦



Tribal Fish Advisory

Environment Division Program Feature

By Mary LaFrance, Environmental Health Educator

The Saint Regis Mohawk Tribe Fish Advisory Program is proud to present the first draft of the new tribal fish advisory to the community for review. Since April 2011, program staff has been busy collecting input and suggestions from the community through surveys, student projects, interviews and focus groups to find out what the community wanted to know about eating locally caught fish.

Eating fish is an essential part of a healthy diet. Fish are low in saturated fats and a good source of omega-3 fatty acids which may help prevent heart disease.

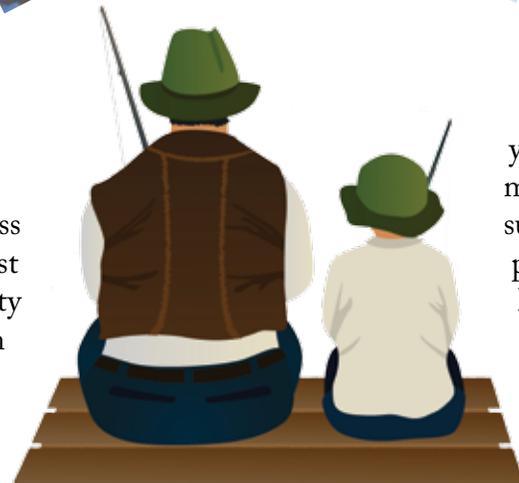
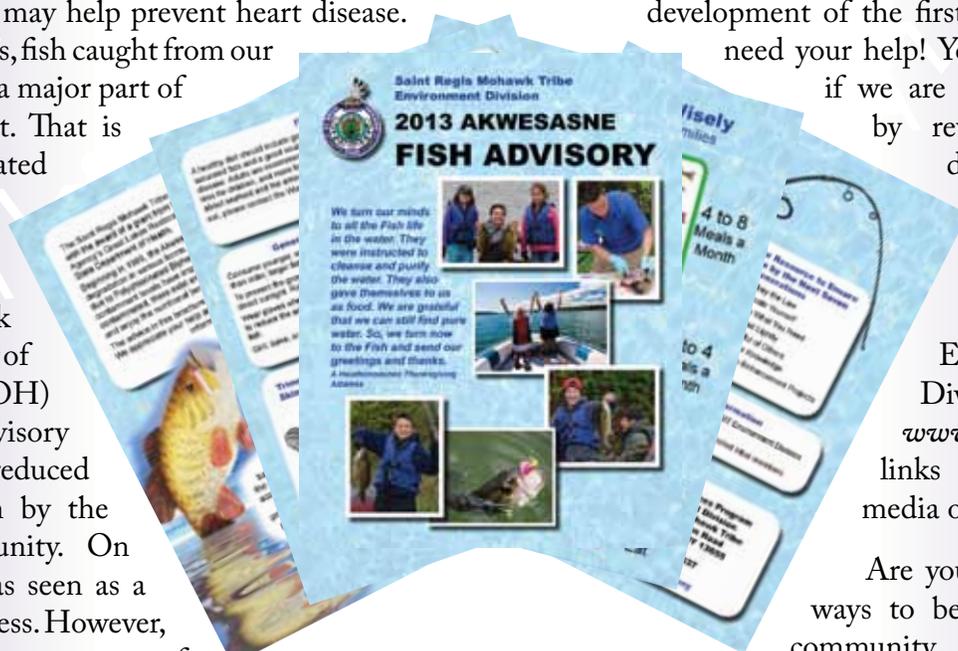
Up until the 1970's, fish caught from our local waters were a major part of the Mohawk diet. That is until polychlorinated biphenyls (PCBs) were discovered and the New York State Department of Health (NYSDOH) issued an advisory that severely reduced fish consumption by the Mohawk community. On one hand this was seen as a public health success. However, fishing is an important part of the Mohawk culture and there are still a number of fish species that are low in contamination that are safe for the entire family to eat.

In addition to raising awareness of the fish species that are the best choice, we asked the community what other types of information they were interested in to help

them make informed decisions about the types of fish that they, and their families, would like to eat. We received an overwhelming amount of information. The responses ranged from where to launch boats to cooking tips to make meals healthier. We have compiled all the comments and attempted to address as many as we could in the first draft of the advisor, and we will continue to link information on our website and provide educational materials in the future.

Your comments and suggestions were vital in the development of the first draft, but we still need your help! You can let us know if we are on the right track by reviewing the first draft and letting us know what you think. The draft can be found online at SRMT Environment Division webpage www.srmtenv.org with links on various other media outlets.

Are you looking for more ways to become involved? A community advisory group is going to be developed to help assist with the future of the SRMT Fish Advisory Program. If you would like to be contacted when more information is available please submit your name and a contact phone number to Mary LaFrance, Environmental Health Educator, at 518-358-5937, ext. 136, or email: mary.lafrance@srmt-nsn.gov. ♦



Grants & Contracts

Administration Program Feature

By Nadine Jacobs, Manager

Grants and Contracts (G&C) is a service geared program under the direction of the Tribal Administration and currently runs with only two employees, a Grants & Contracts Manager and Officer. The office is responsible for soliciting, creating, reviewing and executing service and construction contracts, memorandum of understandings, leases, rental agreements, third party contracts and change orders. They must also process amendments for the various programs/divisions of the Saint Regis Mohawk Tribe and for grant awards from federal agencies and NYS as well as modifications to these awards.

G&C ensures that contract files include solicitation documents, bids, terms and conditions, scope of work/specifications/statement of works, proposals agreements/contracts, insurances, amendments and/or change orders. G&C will also, ensure that these activities are in compliance with the Tribe's Purchasing & Finance Policies and, if applicable, Federal & State Regulations.

Service contracts include training, studies, delivery of fuel and propane, breastfeeding consultants, rental agreements, alarm systems, software license agreement, building assessment, sludge hauling, etc

Construction contracts include construction of the diabetes center, fencing, underground service installation, Generations Park basketball court, sewer main connection, waterproofing, hydroseeding and the broadband building among many others.

A few contracts and grants have spanned many years such as preventive maintenance contracts for

special equipment, rental of buildings, Interdepartmental Agreements, grant awards from Indian Health Services, Bureau of Indian Affairs and the Environmental Protection Agency to name a few.

If a contract is funded by federal or state funds G&C is responsible to ensure that the contract is in compliance with the guidelines of the granting federal and/or state agency.

G&C maintains files for each grant awarded. They will

review the award with the application submitted to federal or state agencies and prepare documentation for approval by Tribal Chiefs. Grant files include grant applications, grant awards and modifications.

◇



**In 2012,
Grants & Contracts
Processed
206 New Contracts
and
20 New Grants**

Monthly Tribal Meeting

Kenténha/October 5, 2013
Chaired by Chief Paul O. Thompson

Agenda

1. Introductions:
 - Welcome
 - Reading of Action Items - Tribal Clerk
2. Update of Capital Expenditure Project at SRCS
 - Sheila Marshall w/ Jane Collins
3. Program Spotlights: Mohawk Language Program
 - Carole Ross
4. Broadband Quarterly Update
 - Jason Hall
5. Update of Land Claims
 - Chief Ron LaFrance Jr.
6. Fuel Allocation
 - Elliott Lazore
7. New Business
8. Reading of Action Items
9. Adjournment

3. To have Tribal Council meet with the Akwesasne Convenience Store Association to discuss Canadian money at par; Monopolies in Akwesasne; Discounted gas prices for Tribal members; and have the action item first on next month's Tribal Monthly meeting agenda.
4. To have Elliott Lazore, Compliance Director, look into setting up a meeting with ASCA and Tribal Council prior to the scheduled date (of October 28).

Follow-up on Action Items from September Meeting

1. To have Angela Benedict report on depth temperatures of the St. Lawrence River, available for next month's meeting

The Environment Division has provided a report which includes statistical and graphical data. The report is available as a handout.

2. To research the transfer of property from the Bingo Palace to the Tribe (History and Property Dispute)

Tribal Council continues to work the Legal Department on this research and will report back to the community when more information is available.

3. To have an update on the status of the trailers at the IGA location, to possibly house people in distress

The Mohawk Indian Housing Corporation is working in conjunction with the Akwesasne Housing Authority to set up the trailers. Once the trailers are set up, the Mohawk Indian Housing Corporation will be administering a transitional housing program. ◇

Action Items from October Meeting

1. To call for a special broadband meeting to be able to discuss network providers. (date and time to be announced)
2. To have Jason Hall look into extending hours for those who work/attend school during the day, to be able to access internet stations in the evening.

Calendar

Kentenhkó:wa / November 2013

9 - Monthly Tribal Meeting - 10:00 a.m. - Community Building lobby

11 - Veteran's Day holiday - Tribal offices, transfer station and AERC closed

13 - Police Commission monthly meeting - 3:00 p.m. - Tribal Council Executive Boardroom

12 - Social Security Administration - 1:30 to 3:30 p.m. - Tribal Clerk's office

16 - Annual Recycling Day - 10:00 a.m. to 2:00 p.m. - SRMT Transfer Station

20 - Diabetes Center for Excellence Grand Opening - 10:00 a.m. to 6:00 p.m. - 66 Business Park Rd. **Postponed**

28 - Thanksgiving holiday - Tribal offices and transfer station closed, AERC open

29 - Native American Day holiday - Tribal offices closed, AERC and transfer station open

Tuesdays - Tribal Tribal Council Work Session - 9:00 a.m. - Tribal Council Executive Boardroom

New Faces

Brandi Benedict

Johnson O'Malley

Education Coordinator

Pernell Peters

Three Sisters

Night Security

Donations

Funerals - \$7,000

SRMT © 2002

Jobs

Master Teaching Positions (4) - Horticulture and Basketmaking, Fishing and River Use, Hunting and Trapping, and Traditional Medicine and Healing - Akwesasne Cultural Restoration Project - Environment

Language Specialists (2) - Akwesasne Cultural Restoration Project - Environment

Nutrition Coordinator / Registered Dietitian - Office for the Aging

Driver - Office for the Aging

All current positions with the Saint Regis Mohawk Tribe are posted on the Tribe's website at :

www.srmt-nsn.gov.

Positions with our gaming operations are posted on the Akwesasne Mohawk Casino's website at:

www.mohawkcasino.com.

Akwesasne and surrounding area positions are posted at the Akwesasne Employment Resource Center (AERC) at www.myaerc.org.

Tribal Vocational Rehabilitation

Community and Family Services Division

By Nicole David, Program Manager

The Saint Regis Mohawk Tribe Vocational Rehabilitation Program (SRMTVRP) hosted our Annual Disability Awareness Day and, this year, a mini job fair on Friday September 27, 2013 at the former IGA building. This is has been our best year yet for the community and everyone involved in the event. The goal of this event is to assemble programs, in and around Akwesasne, that provide services to people with disabilities.

People with disabilities, family members and the community are given the opportunity to ask these programs what type of services they provide and make those connections to get the services they need. This year we decided to have a mini job fair for businesses interested in participating. Local vendors also set up to sell their crafts, baked goods, holistic wellness and accessories. There were programs from Saint Regis Mohawk Tribe, Mohawk Council of Akwesasne and Massena.

The event was opened by Chief Paul O. Thompson and remarks were given by Chief Ron LaFrance.



Chelsea Sunday from A/CDP Presents Sports Drinks Information



Norman Shawanokasic, Nicole David & Jason McDonald



LoraLee LaFrance, Office for the Aging as HIICAP & NY Connects

Norman Shawanokasic, Director of the Menominee Vocational Rehabilitation Program from Wisconsin, came to spend the day to assist with our event and presented on Vocational Rehabilitation services. Many Programs presented throughout the day. We had the Akwesasne Mohawk Casino, TMG, Twin Leaf as some of the employers involved in the job fair. A special thank you to the local businesses that donated a door prize:

Swamps Performance, TMG, Sweet Addictions, Akwesasne Sports, CKON and Seneca Select Smoke Shop. Also thanks to CKON for broadcasting our day and the Smoke Girls for catering.

The SRMTVRP's goal is to provide qualitative services to people with disabilities to gain employment

based on their goal. The SRMTVRP staff did an amazing job and made a team effort to host another successful Disability Awareness Day.

Niawen:kówa to everyone in the community and the program involved that made our day a huge success! We look forward to next year! ♡

What is an Artifact?

Tribal Historic Preservation Program Feature

By Arnold Printup, Tribal Historic Preservation Officer

In Archeology, an artifact is any portable object made, used or modified by humans. Clay pots, coins and arrowheads are all types of artifacts.

Most artifacts are found by archeologist during an archeological dig. Archeologist then can use these artifacts to learn all sorts of things about people in the past. For example, a nail, depending on its construction and location, can tell us the date and possible use of a site by humans. Each and every artifact can be small clue to give us a glimpse into our collective past.

The location of an artifact can give us important clues as to when and why a particular area was important to people in the past. Hunting implements could indicate a treasured hunting area or even the type of animal hunted. Finding nails, ceramics or buttons might be evidence that leads us to a former farm long forgotten.

From artifacts we can learn a lot about past human activities, what they were using and when they were there.



*Bone, Ceramic, Shell & Stone Artifacts
Mitchell Prehistoric Indian Village Site, A.D. 1000,
South Dakota*

Artifacts can also be discovered through more mundane human activities, such as plowing gardens, digging foundations or digging post holes. Even animals have been known to uncover artifacts when burrowing into the ground when building their dens.

While the Tribal Historic Preservation Office does not encourage the collecting of artifacts, we would be glad to assist you in the research and identification of any you may have. Please feel free to contact the Tribal Historic Preservation Office at 518-358-2272 ext.163. ◇

The Saint Regis Mohawk Tribe Cordially Invites You to Attend the
Grand Opening of the



Diabetes Center for Excellence

Wednesday, November 20, 2013 from 2:00 to 6:00 p.m.

66 Business Park Road, Akwesasne

Ribbon Cutting Ceremony, Facility Tours & Light Refreshments.

Let's Get Healthy Program, 518-358-9667.



Saint Regis Mohawk Tribe
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Akwesasne, NY 13655

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