

Call us or stop in

Monday - Friday
8:00 a.m. - 5:00 p.m.

You can find us on the main floor in the
New SRMT Health Services Building
located at
404 State Route 37
Akwesasne NY 13655

*Same day or scheduled appointments
are available!*

Mental Health Screenings

Take an anonymous on-line screening at
<https://screening.mentalhealth.org/STREGIS>
To find out if a professional consultation would
be helpful to you.



All services are CONFIDENTIAL

Available Services:

SRMT Mental Health Services

Monday - Friday | 9:00 a.m. - 5:00 p.m.
(518) 358-3145

Mental Health Services After Hours Crisis Line

(518) 651-4475

Traditional Medicine Liaison - Hakie Cook

(518) 651-9981

New York State COVID-19 Emotional Support Line

1-844-863-9314

Citizens Advocates Crisis & Recovery Center, Malone NY

(518) 481-8160

National Suicide Prevention Lifeline

24-Hour Hotline
1-800-273-8255

Crisis Text line (USA)

24-Hour Hotline
Text "GOT5" to 741741

**IN THE CASE OF AN EMERGENCY,
DIAL 9-1-1**



Mental Health

KANIKONRI:IOHNE

"Good Mind Counseling Center"



404 State Route 37
Akwesasne, NY 13655
Phone: (518) 358-3145
Fax (518) 358-6372
Toll Free: 1(800) 647-7839

KANIKONRI:IOHNE: GOOD MIND COUNSELING IS HERE TO HELP:



The purpose of **KANIKONRI:IOHNE** is to ensure that Akwesasronons who are having or have had emotional troubles, both adults and children, get the treatment/tools they need to improve their emotional well-being.

Many times people need a place to talk about their concerns and problems in private with the assurance that what they say will remain confidential and not end up in the community.

Our "Good Mind Counseling Center" is just that place.

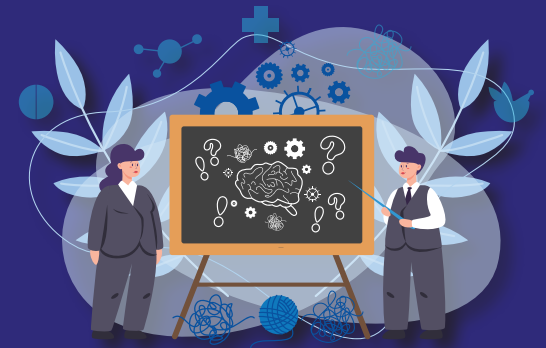
People come see us for many reasons!

Each person has their own special needs, and treatment is planned specifically to meet those needs. Many people include their own traditional methods of healing as part of their plan.

WHAT ARE SOME SIGNS THAT IT IS TIME TO REACH OUT?

- Depression
- Anxiety/Nervousness
- Mood Swings
- Out-of-Control Anger
- Suicidal Thoughts
- Relationship Problems
- Troubles at School, Work, or in the Family
- Conflict Between Parents and Children
- Sleep Problems
- Sexual Problems
- Sexual/Physical/Emotional abuse concerns, both past and present
- Eating Problems
- Grief/Loss

SERVICES PROVIDED:



- Individual, Family, Couples, and Play Therapy
- Assessment, including a Psychiatric Evaluation
- Crisis Intervention
- Medication Therapy
- Case Management
- Parent Advocacy
- Traditional Mohawk Medicine
- School-Based Mental Health Therapy

It's okay to not be okay! If you are in need of Mental Health Services, we are here to help either by phone, video chat, or in-person.